



The EQ Method: Built on Expertise and Proven Modalities

With over 15 years of experience in transformative healing, I've developed *The EQ Method* to integrate the most powerful and effective modalities available today. These include Rapid Transformational Therapy (RTT), Neuro-Linguistic Programming (NLP), EMDR, clinical hypnotherapy, counselling, psychotherapy, and breathwork.

A Unique Approach Designed Just for You

This method was created specifically for those who are ready to break free from old patterns, heal deeply, and step into their most empowered selves. Every element is tailored to address your unique needs, helping you find clarity, confidence, and a renewed sense of purpose.

Feeling overwhelmed, burned out, or stuck in old patterns?

You've always been the one holding it all together, but it's time for something more. Imagine breaking free from the stress, healing old wounds, and stepping into a life that truly excites and fulfils you.

With *The EQ Method*, we will:

- Uncover and release what's holding you back
- Rewire your mind for confidence, peace, and success
- Create a future where you thrive, not just survive

Are you a strong, capable woman who has always done it all—running a business, managing a household, and supporting everyone around you—but deep down, you feel exhausted, unfulfilled, and ready for a change?

You've spent years pushing through, but something inside tells you there's a better way. What if you could break free from the patterns that hold you back, heal old wounds, and step into a life that truly excites and fulfils you?

With *The EQ Method*, we'll work together to uncover and release what no longer serves you, rewire your mind for success and peace, and create a future where you thrive—without burnout or self-doubt.

You deserve more than just getting by. You deserve to *feel* alive, empowered, and aligned with your true self.

How does it work?

Allow me to share what I have created...

The EQ Method: A 6-Week Protocol for Healing and Transformation

- **Understanding Your Challenges:** We start by exploring your unique struggles and how past experiences or trauma may be affecting you.
- **Learning About Your Nervous System:** I'll teach you how your nervous system works and provide tools to help you stay calm and in control.
- **Clearing Negative Patterns:** We'll use a blend of powerful techniques to identify and release old, limiting beliefs.
- **Rewiring Your Beliefs:** Together, we'll rewire your mindset and create a new, positive direction for your life.
- **Achieving Your True Potential:** This protocol empowers you to transform and embrace a life that reflects your true self.



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Who is Emma Queen?

I'm Emma, a dedicated practitioner with over 15 years of experience in transformative healing. I've made it my mission to help people like you break free from limiting beliefs, heal from past trauma, and step into their fullest potential. Through *The EQ Method*, I blend a range of proven therapies, including RTT, NLP, EMDR, hypnotherapy, counselling, and breathwork, to create a personalised path to healing and empowerment. My approach is compassionate, intuitive, and deeply committed to your growth and transformation.

Special Offer: Limited Time Only

Ready to begin your journey to a more fulfilled life? *The EQ Method* is a 6-week program designed to transform you from the inside out. The regular price for this life-changing experience is **\$2222 AUD**, but for the month of September 2024 (Spring Special), I'm offering it for **\$1111 AUD**—strictly limited to the first 5 people.

Don't miss this opportunity to invest in yourself at a special rate!

The link to commit is below, I will contact you to book our weekly sessions via Zoom.

<https://buy.stripe.com/14k5mz30g5zog5G6op>